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# T.E.D.

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## THOUGHT – EDUCATION – DISSEMINATION

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### Shaping the future together

Twenty-four participants. Twelve different countries. One objective: To learn and to grow together.

The first T.E.D. - Thought – Education – Dissemination training course was held in Poland from the 6<sup>th</sup> to the 13<sup>th</sup> of January as part of the Erasmus+ programme. The objective of the training course was to train young participants from different NGOs all across Europe in the field of communication.

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The objective of this training course was to exchange knowledge, share their experiences and to learn from each other. During the training course, participants received training in the following modules:

- Communication 101: Creative ways of communicating
- Cross-cultural communication
- Storytelling 101
- Getting visual
- Speaking in front of the camera
- Public Speaking

All this modules helped the participant to improve communication skills and overcome personal boundaries and fears. The passionate and open-minded participants in the age of 18-35 did not skip a beat to bring in their ideas to make this training course a success.

During the day, they were motivated parts of the workshops. During the evenings, they expanded their social skills by preparing intercultural nights, in which the participants represented their home country by bringing food, teaching cultural dances or talking about their history.

The day and the evening activities were equally important. It brought people together by acknowledging their similarities and differences.

Quickly it became clear that everyone is different but also the same. The participants worked intensively in groups to get the most out of the groups, because everyone has something to offer. Individual commitment to a group effort - that is what makes a team work, an organization work, a society work. Since every NGO is trying to make the work a better place, this outcome was one of the most valuable.

**“We might have arrived on different ships. But we are all on the same boat now.”**

The ultimate goal of the training course was to create a webinar to teach the different participants to spread their message and passion. They again came together in groups to create a 20-minute webinar to talk about a topic related to communication. This exercise was the peak of the workshop. This exercise helped them to spread their message via social media by working together closely.

Coming together is a beginning; keeping together is progress; working together is success.

At the last day of the training course, we held an ImpactTalk in Krakow inviting speakers from different sectors to talk about their passion. Some of the training participants also had the chance to speak in front of a broader audience and show off their new-learned skills.

After eight intensive days, you witnessed the people blossom by improving their communication and interpersonal skills. This is what SMIT "CREATOR" is all about. Bring people together to help each other grow and give them skills to not be afraid to go for what they want. Alone we can do so little, together we can do so much.



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