

CME ProManagement

Pińczów (Poland)



26.08-1.09 2015

Erasmus + Programme



The main aim was to develop the quality projects for youth activities and the capability of NPOs in the field of work with youth in the frame of Erasmus + Programme. We wanted to increase cooperation between organizations from EU and Balkan countries, thus augmenting their capability of managing projects in their respective community. ProManagement also comprised opportunity to build a network among organizations active in the youth field, to exchange experiences and make new contacts. Furthermore the role of culture definitely facilitated the process of intercultural dialog and understanding. The gain of such competences are useful for young people to apply in their life and work, especially in the period in which unemployment has reached incredibly high numbers in Europe. The promotion of a text like a 'Włodziasz', to recognize these competences was also a key point. Participants were also involved in different activities through the methodology of non-formal education such as simulations, role-playing, open space discussions, brainstorming and ice-breakers, all that to point out importance of good practice in youth work within the frame of Erasmus+ Programme. The result of this contact making events is creation of strong cooperation and network between EU and Balkan countries in the field of youth within the Erasmus Programme. Participants also created following projects:

Youth Exchange called 'Camp it'

Brings together in Novi, in between 1-7 April 2014, 20 young people and youth leaders from Macedonia, Turkey, Poland, Germany, Slovenia, Serbia. The goal is to promote intercultural dialogue as an instrument to acquiring the knowledge and attitude for dealing with racism (open and non-open) in environment of housing migration in Europe. Furthermore, we want to increase dialogue between the countries with regular contacts, historical and regional background from EU and Balkan countries through outdoor activities. The project will also give youth chance to exchange their own experiences, understand culture and situation of other countries in order to build common understanding in Europe. Camp it will raise awareness of the realities in the local communities and break the stereotypes among the participating countries. The Youth Exchange will be based on the approach of principles of non-formal education (cognitive, teamwork, working in small groups, learning by doing, role playing, open space discussions, meetings, brainstorming) and is dependent on open learning process based on participants' experience and skills. All that got within the frame of the Erasmus+ program. As a result participants will create a comic book concerning all over the project field but most of all the experience of intercultural dialogue.

Youth Exchange called "Sports make world better place"

Brings together in Bihać in Bosnia & Herzegovina 48 young people and youth leaders from 6 countries, who are all at the project to promote outdoor activities and nature education in order to develop skills, like self-confidence, tolerance and respect for other young people. The project intends to stimulate the personal development of the participants, enhance their abilities and skills and foster spirit, activities and healthy lifestyle. The activities are designed in a way to challenge the participants by engaging them into several sport activities such as: snow, their experience of communication and learn more in life. By engaging in activities using methods of non-formal education, participants will not only have the chance to work on their confidence, but also find the role of the commitment and active participation and respect as moral values. Their own team "Climpuz" promotes outdoor education and active life of local community.



Make it healthy

Youth exchange brings together 18 participants and involves the age of 18 to 25 and youth leaders from five different European countries (EU, Turkey and candidate for Europe). They represent the number of 2000 youth in order to promote healthy lifestyle and work environment. Participants related to environment, food and physical activity of healthy living, nutrition, healthy and safe products. During the project the participants will exchange their own experiences of healthy and healthy living, nutrition, healthy and safe products for themselves and their friends. They will also work and sports in order to create their own balanced healthy diet plans and implement them in their daily life when they return. During the project the participants will also understand and learn methods to make their own healthy and safe products and create products to be more physically active in the everyday life and discuss the use of healthy technologies in their daily lives. Participants will gather the results they learned, as a conclusion, and share the competences they developed by writing a book about and sharing their results with their communities.

Training Program called C.R.E.E.T.E

Create Rights and Equality Through Education brings together in Silesia in between 26.08.2014-01.09.2014, 30 youth workers, youth leaders, trainers and project managers, from Greece, Italy, Moldova, Bulgaria, Bosnia, Hungary, Albania, Serbia, France, Turkey, Macedonia, Portugal, Ukraine, Cyprus and Poland. The main aim is to support the professional development of youth workers and youth leaders by expanding their critical understanding of European Citizenship and promote human rights awareness in Europe. In order to provide practical approaches and concrete tools to explore good issues participants will be involved in sessions based on non-formal education methods. The project will also make space to share experiences of how to develop alternative solutions with young people, and to encourage active engagement of young people in concrete actions for social change in order. Acquisition of these competences will increase intercultural competence of participants which will be helpful for them in both private and professional life. As a result of the project participants will create video promoting human rights and they will work on future projects regarding the topic.

Training course called Smart up!



Brings together in Bihać, Bosnia in April 2014, 18 participants from 10 different countries (EU, Turkey, Macedonia, Serbia, Italy, Greece, Hungary, Bulgaria, Bosnia, Albania, Serbia, France, Turkey, Macedonia, Portugal, Ukraine, Cyprus and Poland). The main aim is to provide understanding of students and competences to young professionals from 10 countries and to encourage and support them in their professional development. The project will also make space to share experiences of how to develop alternative solutions with young people, and to encourage active engagement of young people in concrete actions for social change in order. Acquisition of these competences will increase intercultural competence of participants which will be helpful for them in both private and professional life. As a result of the project participants will create video promoting human rights and they will work on future projects regarding the topic.

Project called Innov8

It is international training course, held between 8-15 November of 2014 in Metkica, Slovenia. 24 youth workers, young entrepreneurs and people with fewer opportunities from Albania, Poland, Cyprus, Malta, Romania, Serbia, Bosnia and Herzegovina and former Yugoslav Republic of Macedonia, will have a great chance to develop personal qualities, raise awareness of innovation and new ventures, promoting the skills needed. The main goal is increasing and encouraging the entrepreneurial spirit of youth workers. This training is responding to youth workers and youth entrepreneurs from different economical background needs to improve knowledge, develop their skills and competences and also help young people to adapt to the entrepreneurial working environment, especially in getting competition on the market and lack of personal skills development. Activities will be presented by using non-formal education with different methodology: study case, group work, discussions, performance, graphic activities, network development activities, role plays, meeting with people who are competent in fields of entrepreneurship and marketing.



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Make it healthy



The main aim was to develop the quality projects for youth activities and the capability of NGOs in the field of work with youth in the frame of Erasmus + Programme. We wanted to increase cooperation between organizations from EU and Balkan countries, thus augmenting their capability of managing projects in their respective community. ProManagement also comprised opportunity to build a network among organizations active in the youth field, to exchange experiences and make new contacts. Furthermore the mix of cultures definitely facilitated the process of intercultural dialogue and understanding. The gain of such experiences are useful for young people to apply in their life

Youth exchange brings together 30 youngsters and between the age of 18 to 25 and youth leaders years from Albania, Italy, Denmark, U.K., France and Sweden to Palermo, Italy between the 1st-8th of June 2016 in order to promote healthy lifestyle and raise awareness to problems related to overeating, lack of physical activity or abusing stress relieving substances. During the project the participants will exchange their own perception of health and wellness, compare eating and living habits between the countries and learn how to enjoy whole foods, and sports. In order to create their own balanced healthy diet plans and implement them in their daily life after the project. During the project the participants will use non-formal education methods in order to develop useful skills and competences and obtain motivation to be more physically active in the everyday life and decrease the use of modern technologies in their daily routines. Participants will gather the recipes they learned into a cookbook, and show the competences they developed by making a food stand and sharing their results with the local community.

Training Program called C.R.E.T.E



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Training Program called C.R.E.T.E

Create Rights and Equality Through Education brings together to Sivas in between 25.08.2016-01.09.2016, 30 youth workers, youth leaders, trainers and project managers, from Greece, Italy, Western Balkans(Bosnia Herzegovina, Albania, Serbia), France, Turkey, Macedonia, Portugal, Ukraine, Cyprus and Poland. The main aim is to support the professional development of youth workers and youth leaders by extending their critical understanding of European Citizenship and promote human rights awareness in Europe. In order to provide practical approaches and concrete tools to explore global issues participants will be involved in sessions based on non-formal education methods. The project will also make space to share experience of how to develop alternative visions with young people, and so encourage active engagement of young people in concrete actions for social change in order. Acquisition of those competences will develop intercultural competence of participants which will be helpful for them in both private and professional life. As a result of the project participants will create video promoting humans rights and they will work on future projects regarding the topic.



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Youth Exchange called Camp it

Brings together on Ohrid, in between 1-7 April 2016, 30 young people and youth leaders from Macedonia, Turkey, Poland, Germany, Slovenia, Serbia. The goal is to promote intercultural dialogue as an instrument in acquiring the knowledge and aptitude for dealing with more open and more complex environment of increasing migration in Europe. Furthermore, we want to increase dialogue between the countries with neighbor conflicts, historical and religious background from EU and Balkan countries through outdoor activities. The project will also give youth chance to exchange their own experience, understand culture and situation of other countries in order to build common understanding in Europe. Camp it will raise awareness of the realities in the local communities and break the stereotypes among the participating countries. The Youth Exchange will be based on the approach and principles of non-formal education (symbolic framework, working in small groups, learning by doing, role playing, open space discussions, energizers, brainstorming) and is designed as an open learning process based on participants experience and skills all that put within the frame of the Erasmus+ program. As a result participants will create a comic book promoting not only the project itself but most of all the importance of intercultural dialogue.

Youth Exchange called "Sports make world better place"

young people, and so encourage active engagement of young people in concrete actions for social change in order. Acquisition of those competences will develop intercultural competence of participants which will be helpful for them in both private and professional life. As a result of the project participants will create video promoting humans rights and they will work on future projects regarding the topic.

Training course called Smart up!



Brings together to Pińczów, Poland in April 2016, 24 experienced leaders, trainers, youth workers, from Programme Countries. The main aim is to promote entrepreneurial initiatives and competences by showing participants how to develop and successfully lead social enterprise within the frame of Erasmus+ Programme. Participants will be also involved in different activities through the methodology of non formal education such as simulations, role-playing, open space discussions, brainstorming, and ice-breakers, all that to fit up them with entrepreneurial soul, show them how to start their own social business and manage it especially in terms of working with other people. In order to help youth to grow it is necessary to point out not only how to start their own initiative but what kind of entrepreneurial skills are necessary to run it. Moreover the training is a chance to develop intercultural competences in order to cramp cooperation in European Union to find fulfillment of strategy Europe 2020.

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Youth Exchange called "Sports make world better place"

brings together to Bihač in Bosnia & Herzegovina 48 young people and youth leaders from 8 countries. Main aim of the project to promote outdoor activities and outdoor education in order to develop skills, raise self-confidence, tolerance and sense of fair play among youth. The project intends to stimulate the personal development of the participants, enhance their abilities and skills and foster sport activities and healthy lifestyle. The activities are designed in a way to challenge the participants by engaging them into several sport activities also to show them importance of communication and team work in life. By engaging in activities using methods of non-formal education, participants will not only have the chance to work on their confidence, but feel the role of the commitment and active participation and organize an event called "Our own Sport Olympics" promote outdoor education and attract life of local community.



Project called Innov8

Is a international training course, held between 8-15 November of 2016 in Metlika, Slovenia. 24 youth workers, young entrepreneurs and people with fewer opportunities from Albania, Poland, Cyprus, Malta, Slovenia, Serbia, Bosnia and Herzegovina and former Yugoslav Republic of Macedonia, will have a great chance to develop personal qualities, raise awareness of innovation and new ventures, providing the skills needed. The main goal is enchaining and encouraging the entrepreneur spirit of youth workers. This training is responding to youth workers and youth entrepreneurs from different economical background needs to improve knowledge, develop their skills and competences and also help young people to adopt to the intercultural working environment, especially in today competition on the market and lack of personal skills development. Activities will be proceed by using non formal education with different methodology such as: group work, discussions, performance, graphic activities, network development activities, role plays, meeting with people who are competent in fields of entrepreneurship and marketing.



Erasmus+

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